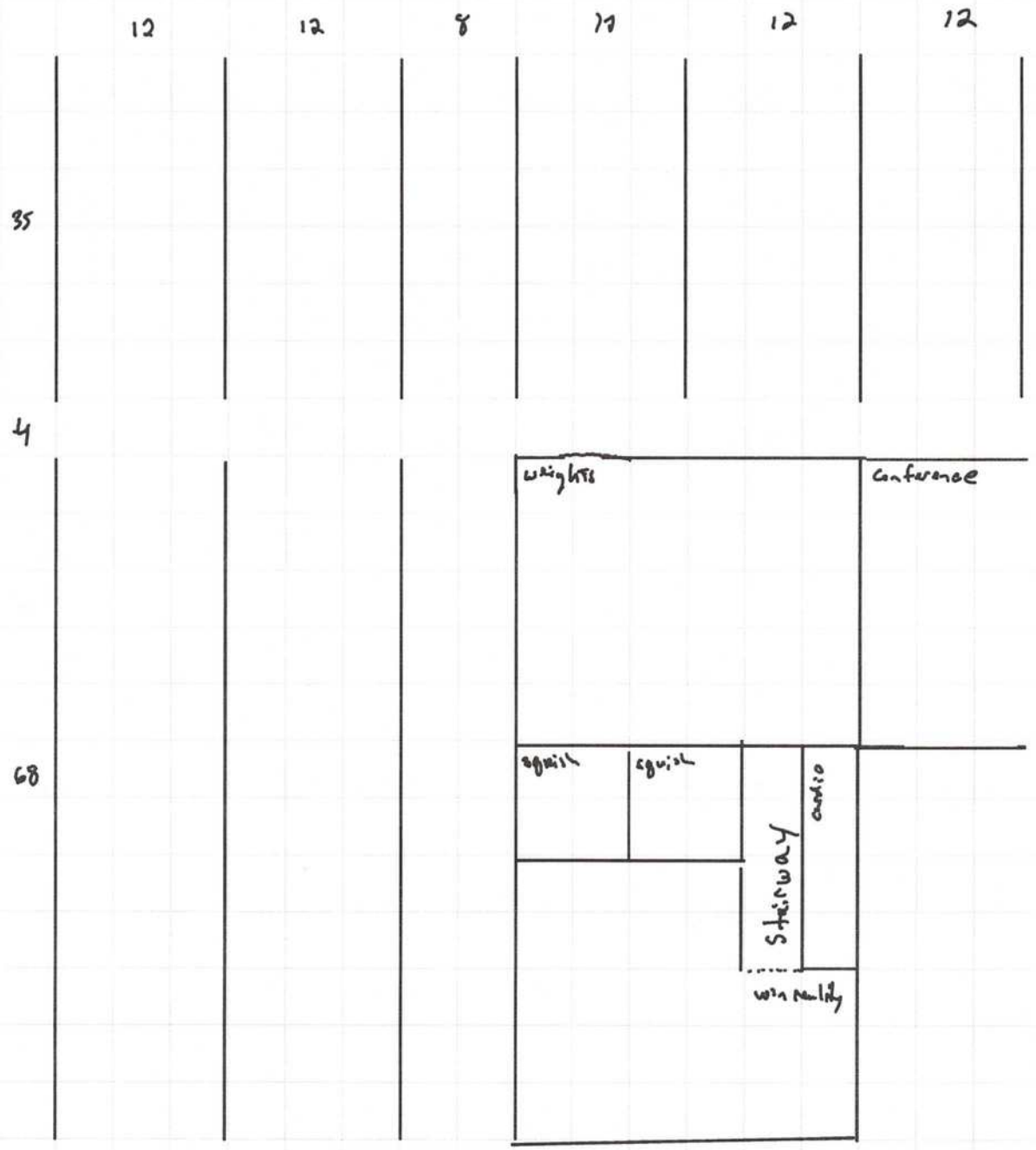
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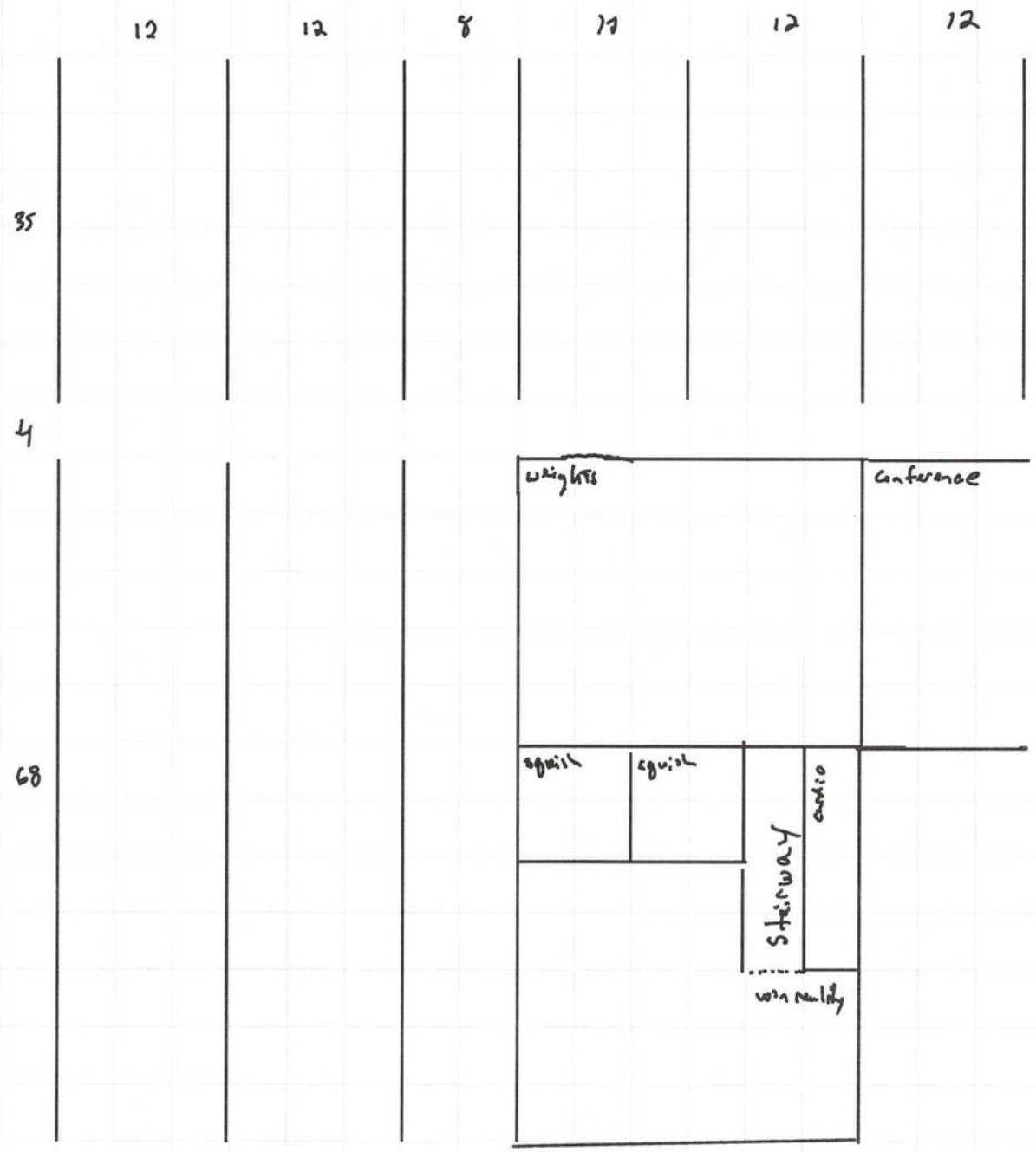
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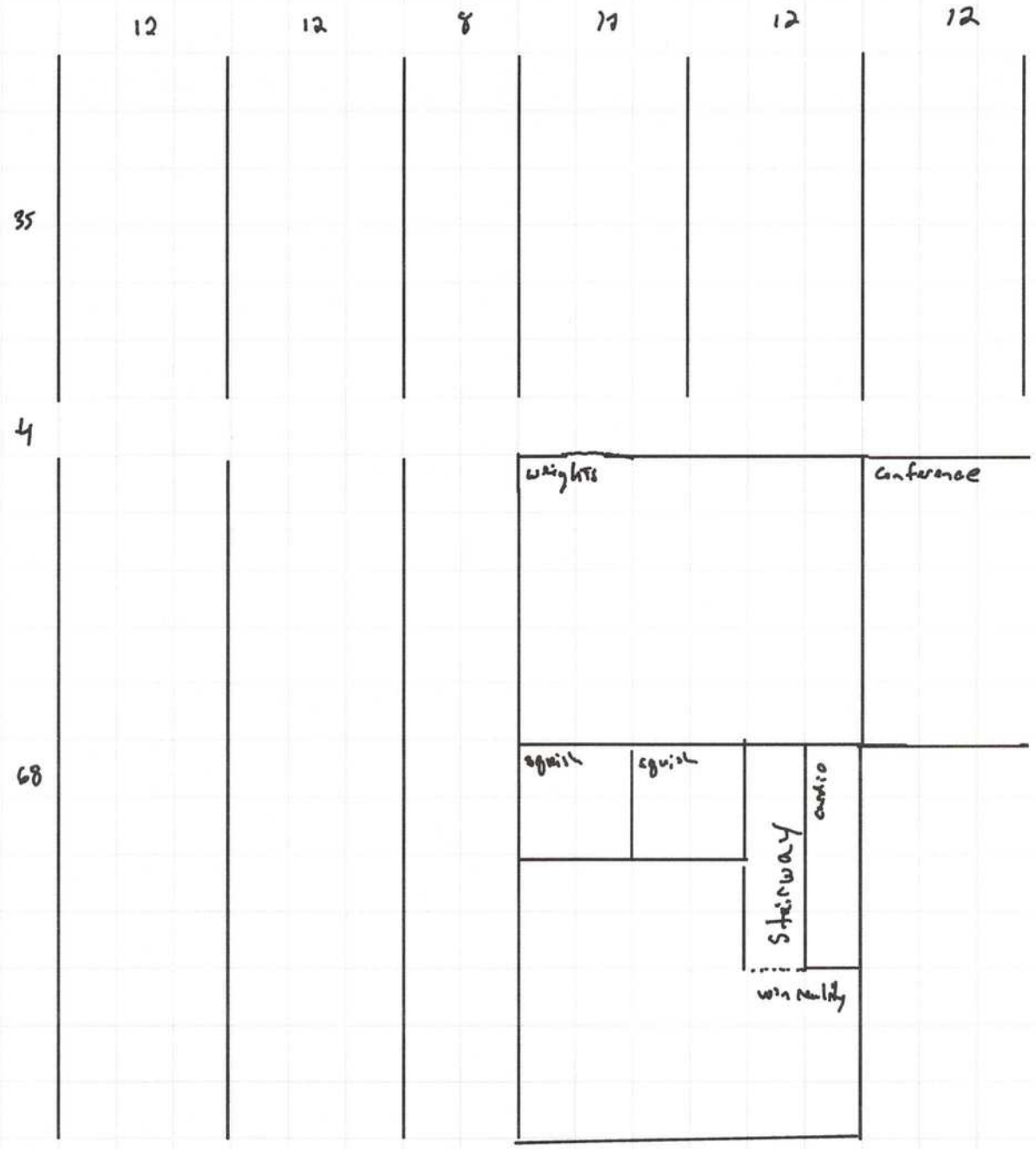
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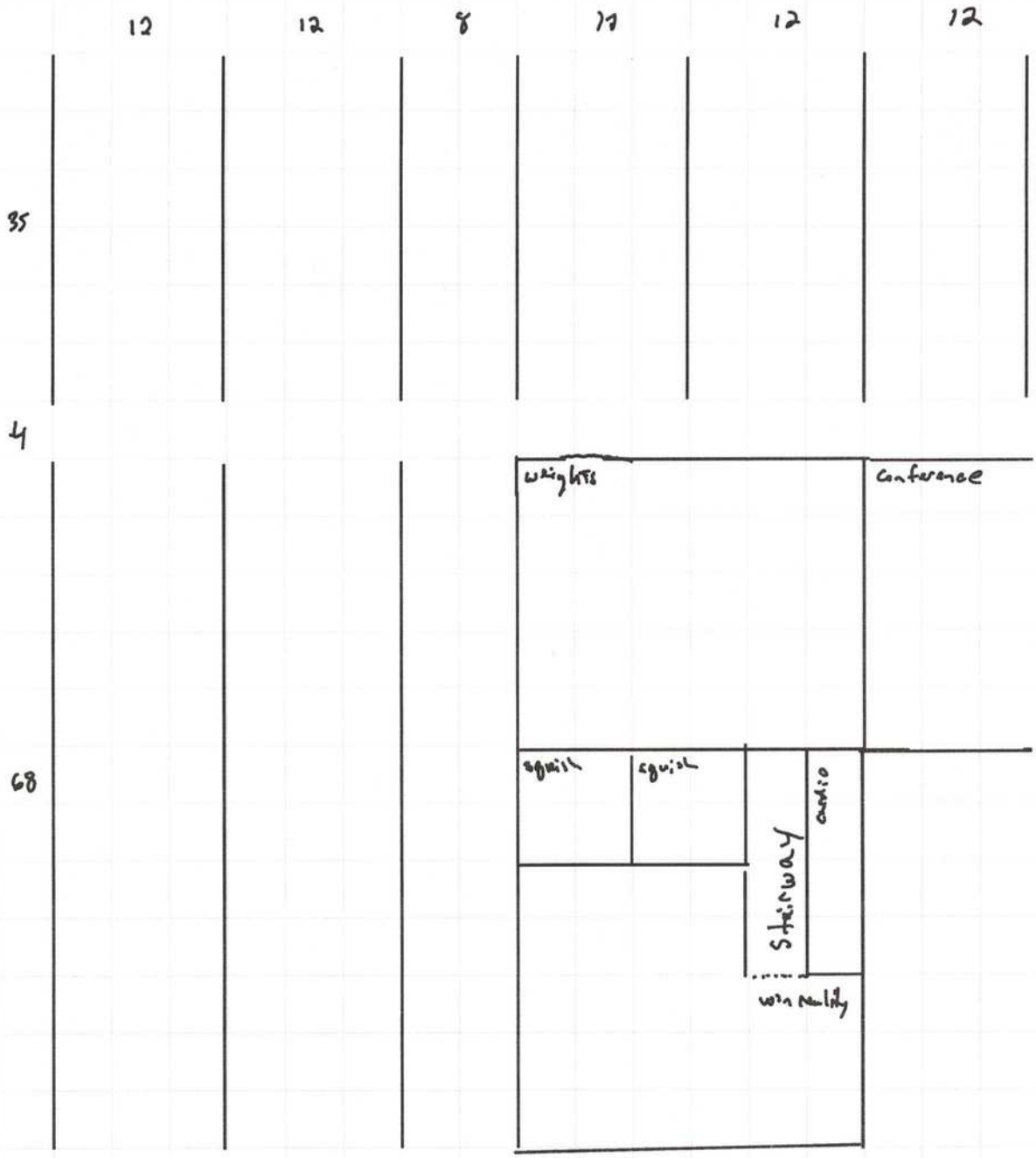
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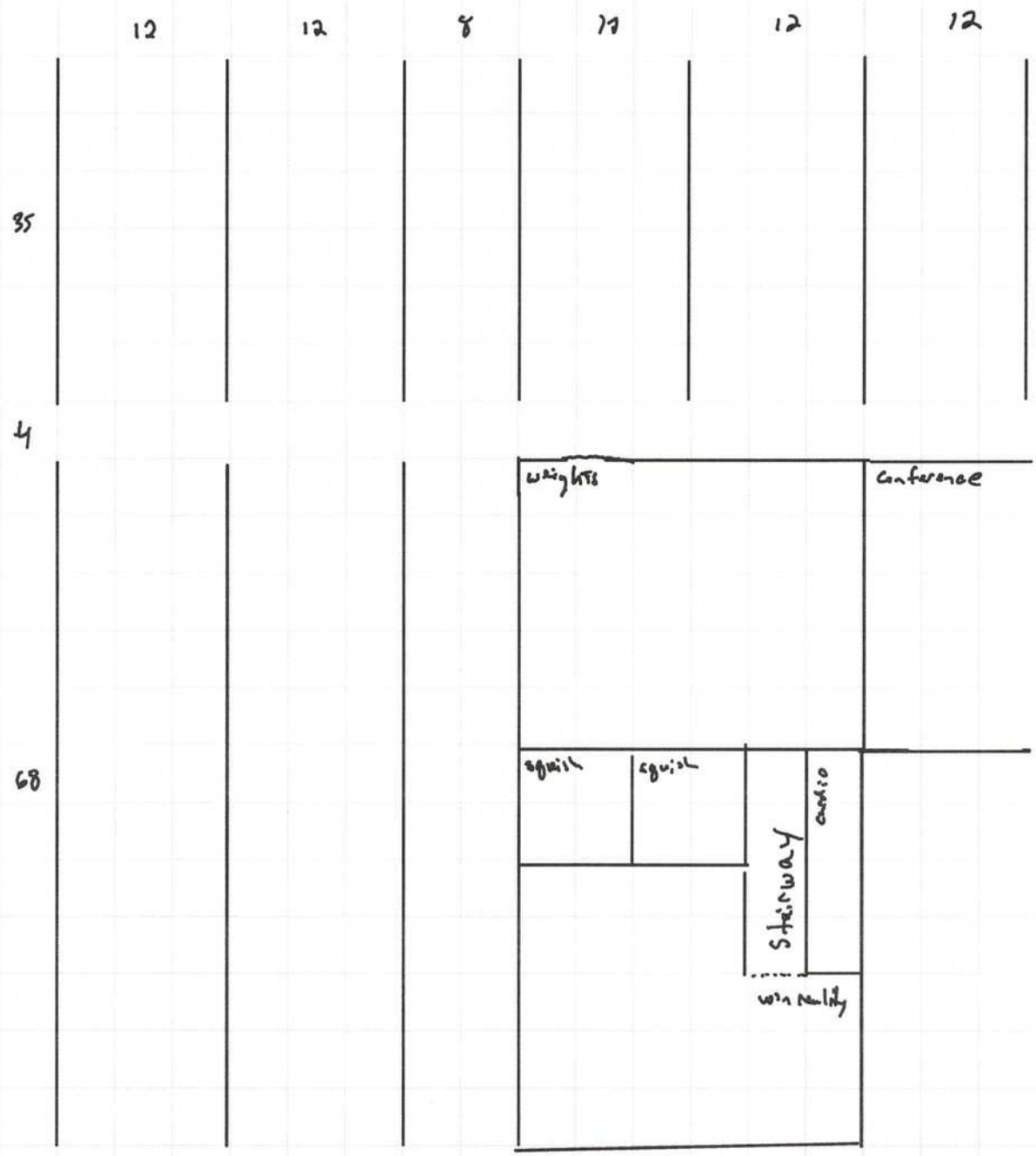
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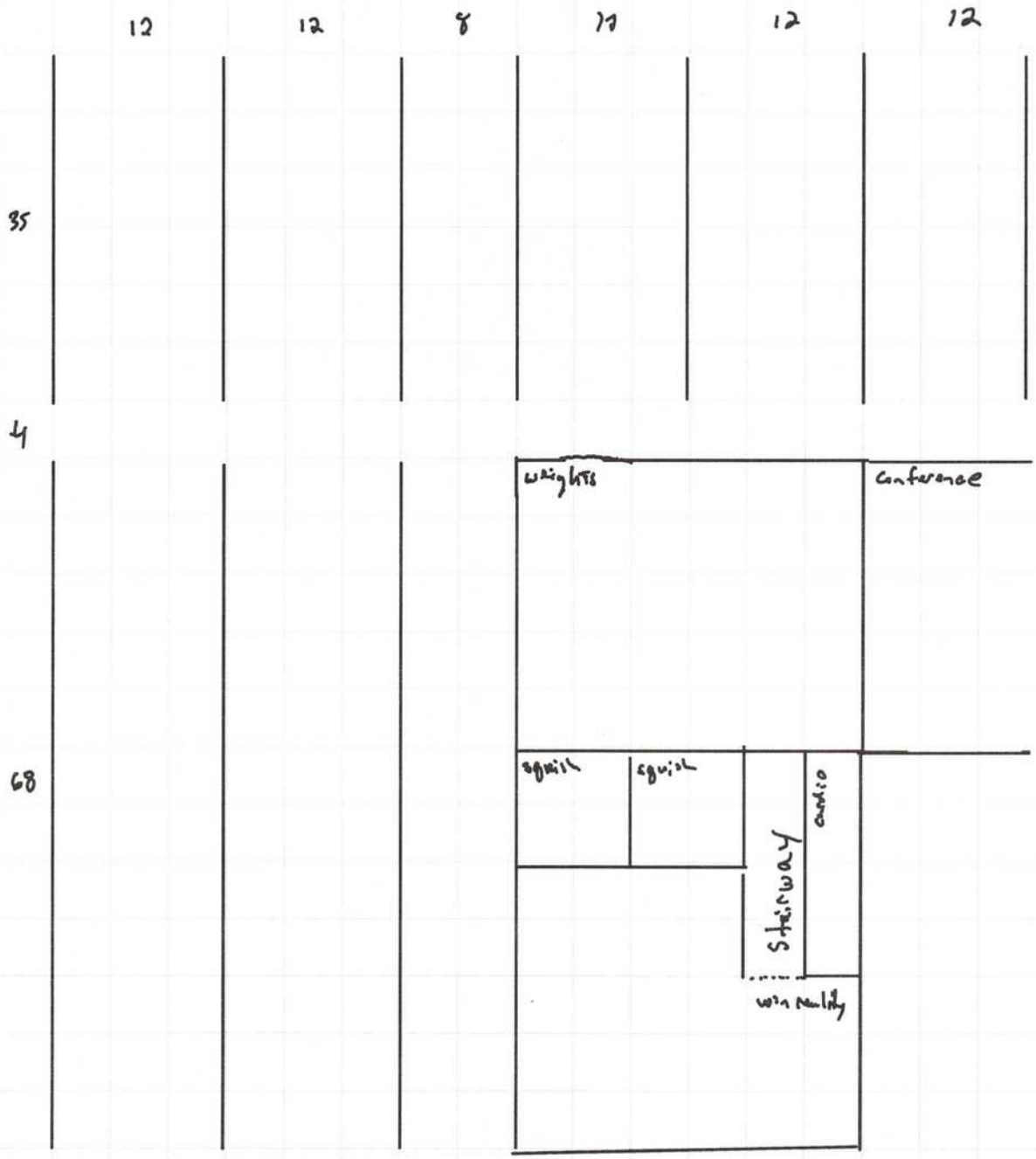
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conference
squish
squish
Stairway
audio
win reality

rundowns
calling pitches
signals
IQ
communication
backups

Personnel

Coach
Xavier, Lincoln, Cole, Sam, Riley,
Jonah, Daniel, Dylan, Andrew

1. Play at 1st progression
2. Hands, knees, feet, rollers (out in front, v), back, fore, middle hops, fungos, gather, then power, then throw
3.

Break into

IF and OF
IF- Xavier, Lincoln, Cole, Sam, Riley,
Cover

1. Angles to ground balls
2. Double plays
3. Slow rollers
4. Rundowns
5. Tagging

OF - Jonah, Daniel, Dylan, Andrew
Cover

1. Ground ball
2. Through cut off
3. Getting behind the ball
4. Reading off the bat

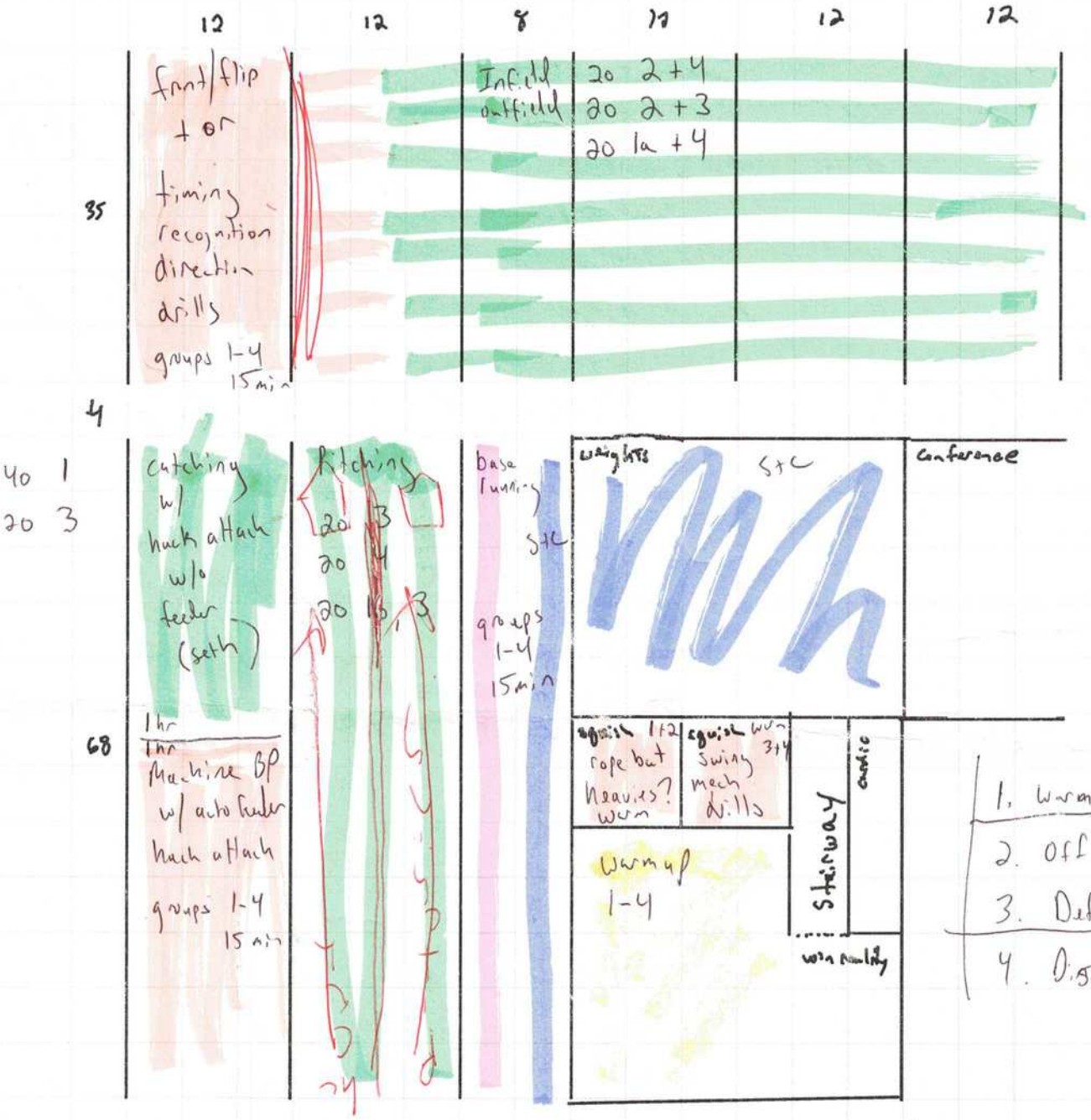
Group def
Multiple runners
Group 1:
Def Owen, Sam, Riley, Cole, Xavier, Lincoln,
Runners: Jonah, Daniel

SDC-2026-10-0096 · scan 6/14 · 7/20

Offense - 1 hr w baserunning + S/C

Defense - 1 hr

Warm up



1. Warmup	10
2. Off/Def	60
3. Def/Off	60
4. Dismiss	10

Groups:	1	2	3	4
	Owen ~~Jonah~~ 1a - Owen ~~1b - Jonah~~	Riley Andrew Cole	~~Daniel~~ ~~Beckett~~ Jonah Beckett Daniel	Xavier Sam

1. filling one on one

44 → 56

IF/OF

	12	12	8	11	12	12
35	front / flip + or drill w/ timing recognition hit to zone	front (opt.) flip / soft		20 2+4 20 2+3 20 1a-owen		
4	(seth) catching	david pitching				
40 1	or	20 3 20 → 10 gear up				
20 3	need mach w/o feeder	20 4 20 16-3				
68	hitting machine BP					

I Q

weights S+C

conference

squish rope bat

squish pvc feet, hips

warmup

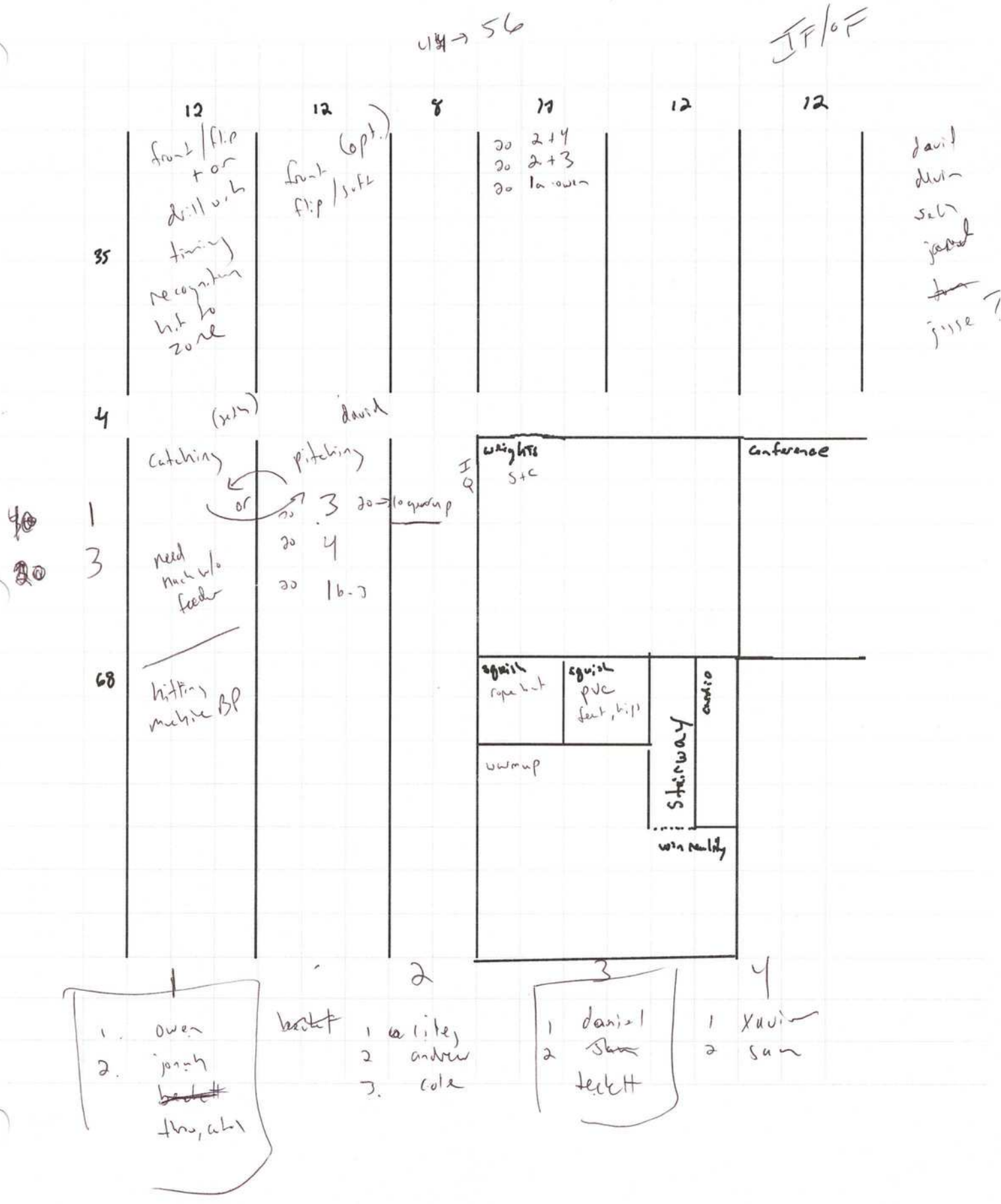
stairway

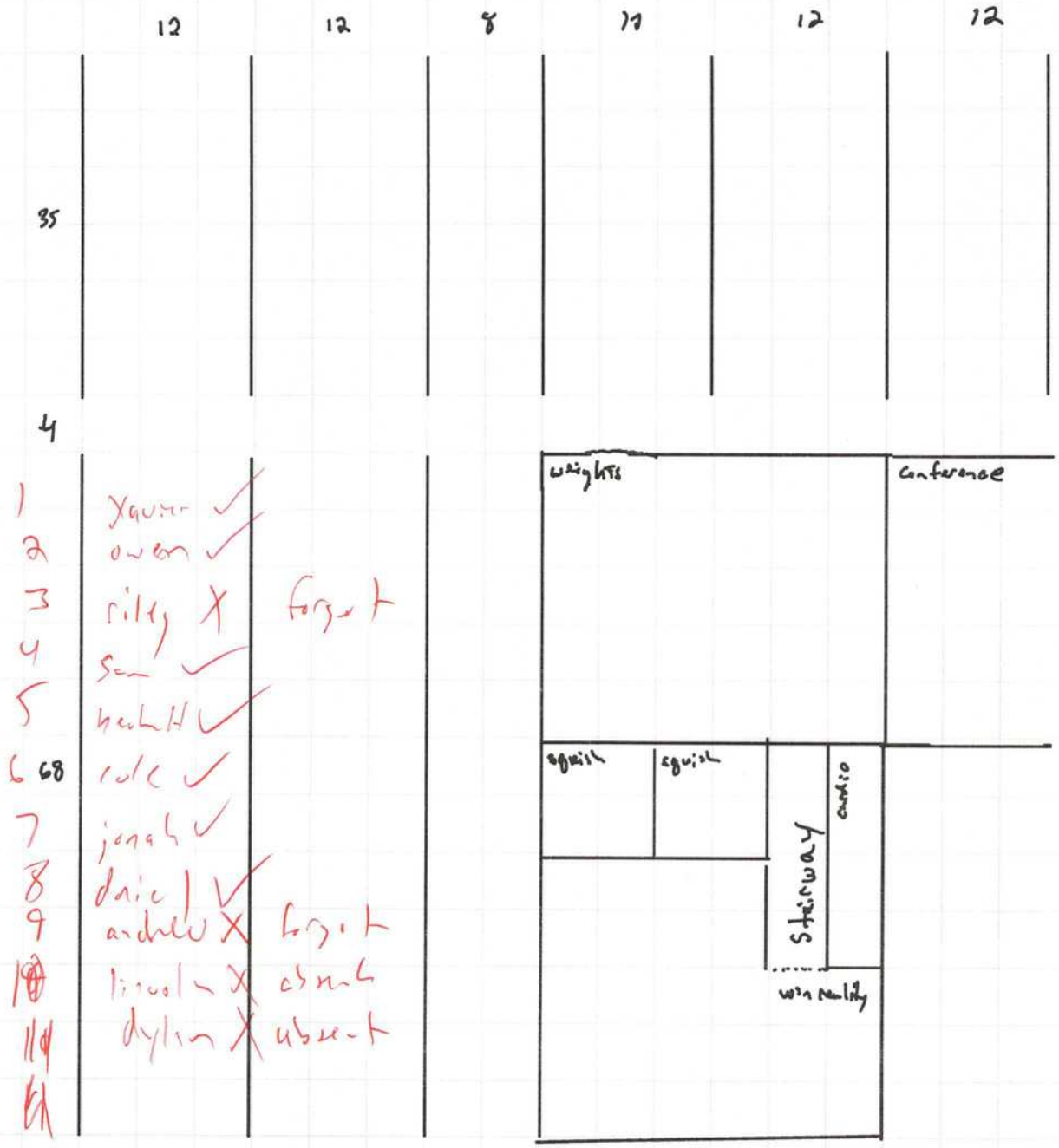
cardio

win reality

david
devin
seth
jared
~~[illegible]~~
jesse ?

1		2	3	4
1. owen 2. jonah ~~beckett~~ thro, catch	~~beckett~~	1 ~~a~~ lilley 2 andrew 3. cole	1 daniel 2 ~~Sam~~ teckett	1 xavier 2 sam





	12	12	8	11	12	12
35						
4						
1	Xavier ✓					
2	owen ✓					
3	riley X	forgot				
4	Sam ✓					
5	heckett ✓					
6 68	cole ✓					
7	jonah ✓					
8	daniel ✓					
9	andrew X	forgot				
10	lincoln X	absent				
11	dylan X	absent				
12						

weights

conference

squish

squish

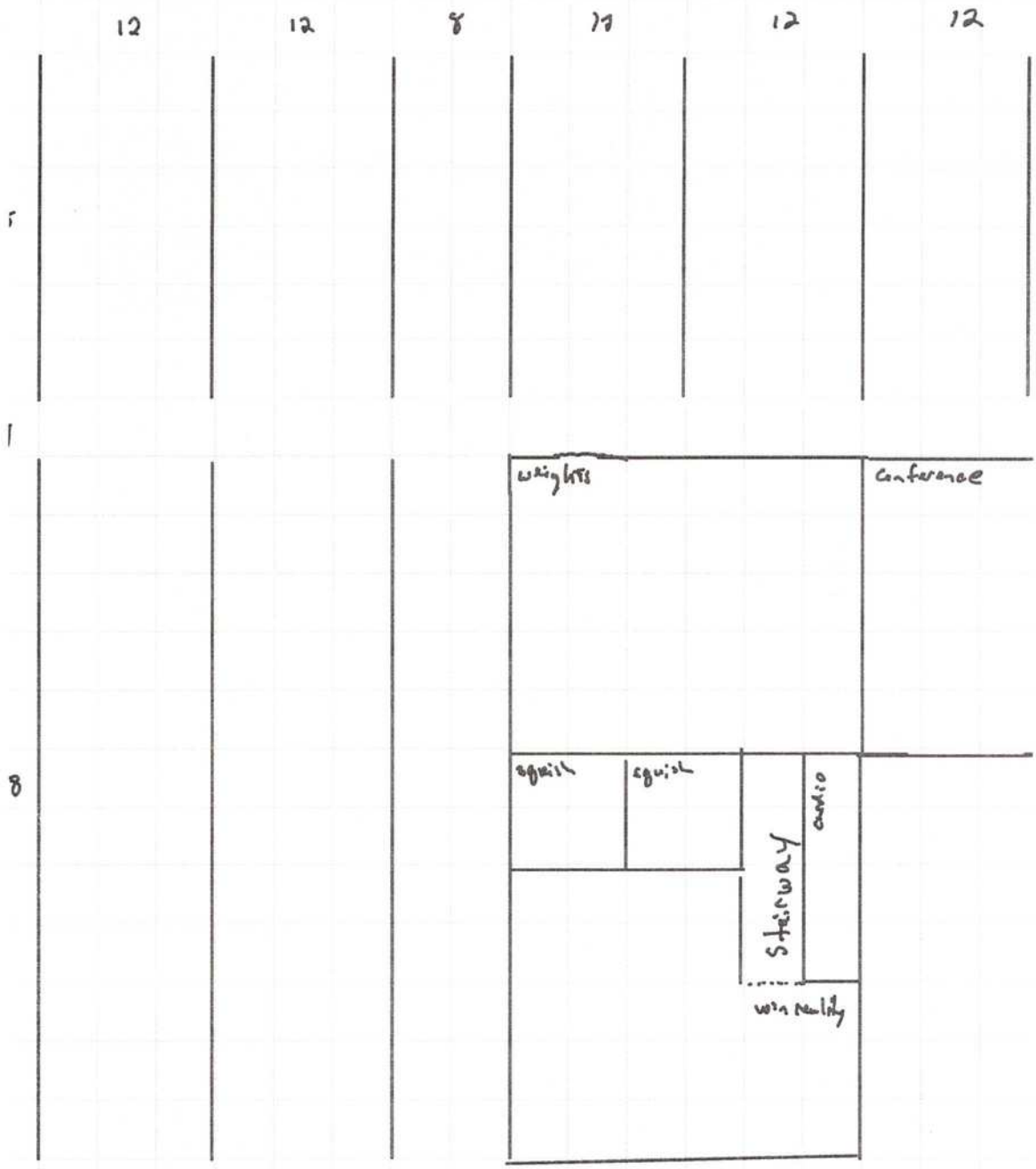
stairway

cardio

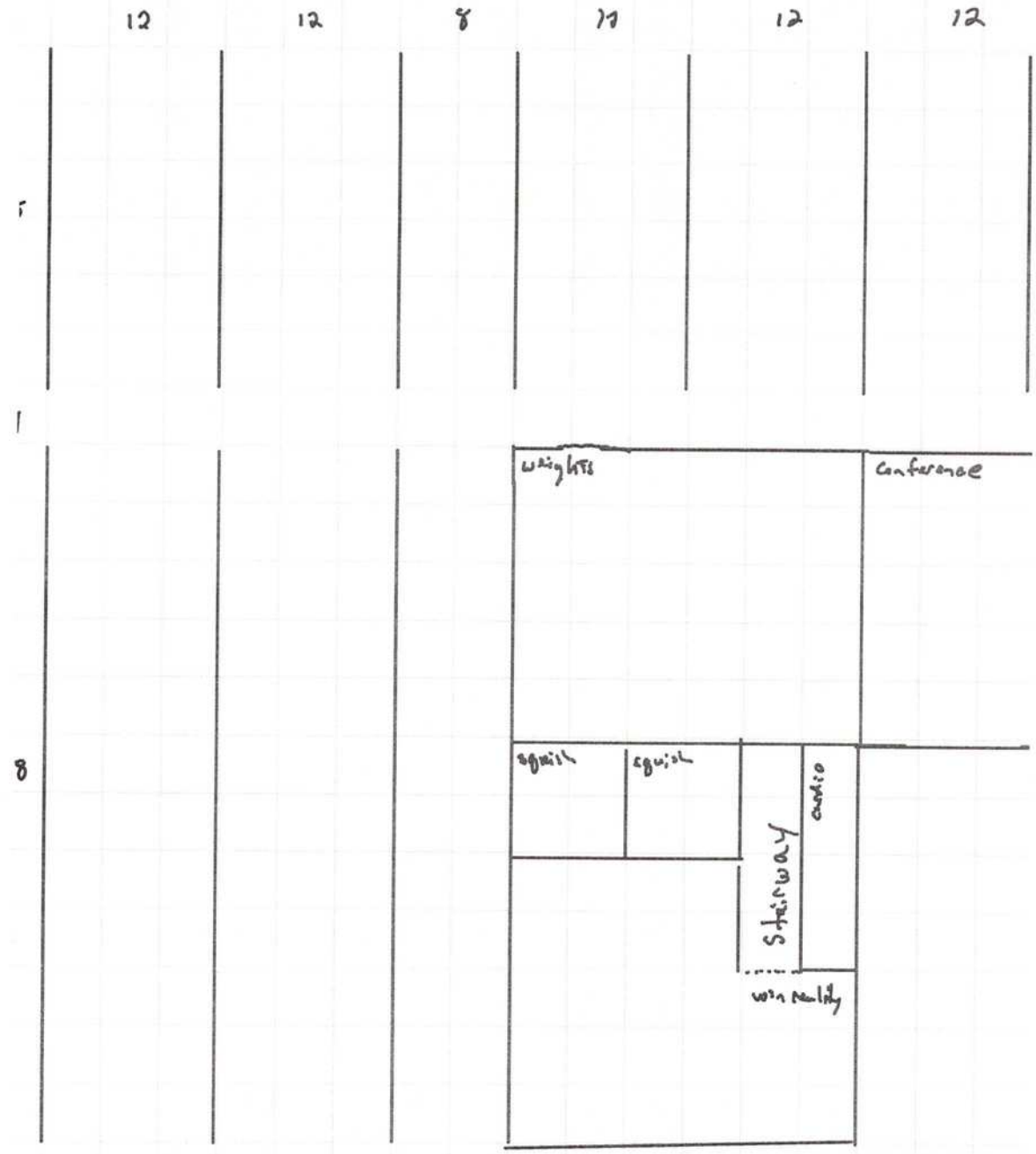
win reality

- no numbers
- not filling it in
- forgetting

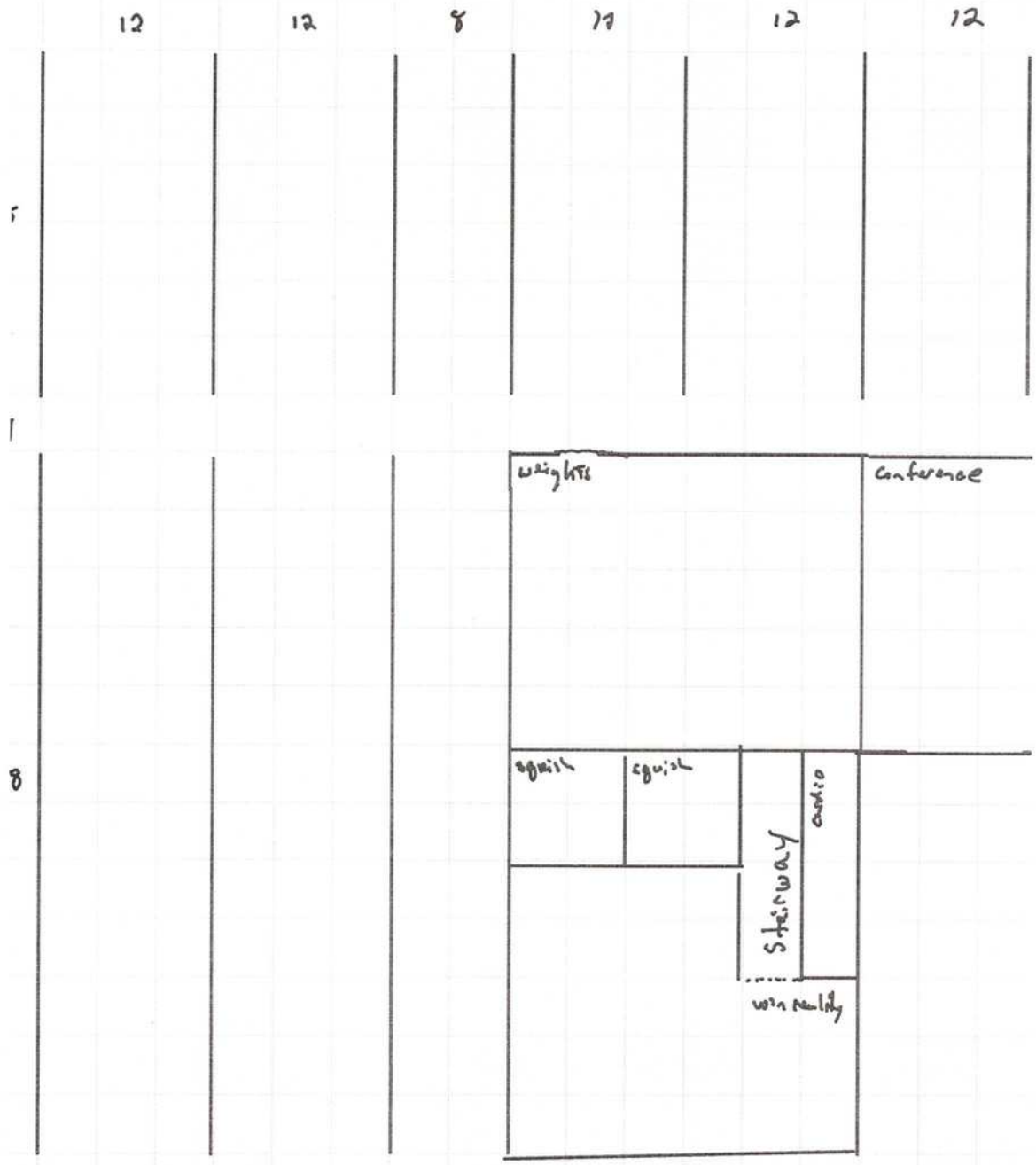
			brought	filled	work		+
	1	Beckett	✓ +	✓ +	✓ +		Comment excellence
	2	Daniel	✓	—	—		
	3	Xavier	12 + 8	11 —	12 +	12	
	4	Cole					
	5	Vinch	+	+	+		+
35	6	Dylan	+	—	—		
	7	Lincoln	+	—	—		
	8	Andrew	+	+	+		+
	9	Sam	+	+	+		+
4	10	Riley	—	—	—		
	11	Owen	—	weights —	—	conference	Out
68				squish squish	stairway	cardio	
					win reality		



SDC-2026-10-0178 · scan 8/14 · 12/27



SDC-2026-10-0179 · scan 8/14 · 13/27



SDC-2026-10-0180 · scan 8/14 · 14/27

Wow Factor - Fundraising 2025-2026

- 11 players
- Goal of $1500 for each player = $16,500
- Deadline

Fundraiser #1 - Papa John Pizza cards - $1,540 (Oct. / Nov.)

Goal: Each player to sell 20

$ Raised: *DIY = $7 each

Option #1

About Us

Orders for the Papa Johns cards can be placed at any quantity level and like all of our products we offer free setup, free color e-proof, and our exclusive low price guarantee. Papa Johns Cards are ideal for all types of group fundraising efforts.

The Papa Johns cards sell for $10 each and your group profits $5.00 per card with a minimum order of only 200 cards. Discounts available for larger orders. Sell 500 cards and your little league, cheerleading group or basketball team profits $2,500 all with No Money Down and great 21 Day Terms. We also offer other "company cards" that include Subway, Domino's and several other great merchants that enjoy supporting groups just like yours. For more information about Papa Johns Cards, call us today @ 800-711-3200. We are happy to help!

Option #2

DIY Papa John's Cards



Interested in making even more for your group fundraiser? Then we suggest our DIY Pizza Card. Take our DIY Merchant Agreement Form to your local Papa John's (or pizza place of your choice) to get the deal you want on the card! We print and ship them to you for $3.00 each and you sell them for $10 each for a **profit of $7.00 per card!**

Why DIY?

The DIY route is the best way to go as the merchants will most likely give you the best deal since you're local and you'll get the most profit! You also still get our same great low minimum order amount and free shipping on your initial order!

Fundraiser #2 – Restaurant Nights - $800

- California Tortilla ($200)
- Chick-fil-A ($200)
- Chipotle ($200)
- Mount Airy Inn ($200)

Fundraiser #3 – Spirit Wear – Sell Team Merchandise (if allowed) (ongoing) - $300

Sell T-shirts, Hoodies, Caps and Bumper Stickers with team logo to parents, grand-parents and other family members.

Fundraiser #4 – Basket Raffle (Dec.) - $6,600 (my favorite because 100% goes to the team)

$20 per ticket with some type of giveaway(s) donated by local businesses – below are just ideas – the more prizes, the more people will want to buy tickets!

Goal for each player to sell a min. of 30

- Gift cards to restaurants
- Spa package
- 3 or 6 month Pease membership (if willing)
- Baseball lesson
- Frederick Keys Tickets
- Movie tickets
- Date night for parents – tickets to another event

Fundraiser #5 – Shoe Drive – can raise $1,000 - $5,000 (estimating $2,000) (no cost to the team)

https://funds2orgs.com/funds2orgs-faq/

Fundraiser #6 – Baseball Camp - $4,500

30 kids – 3 groups of 10 kids each $150 / 9-12 / M – Thursday / Directed by coaches, volunteers, and players

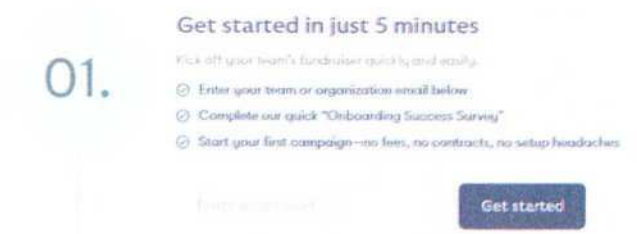
Offered during Spring Break at Louyaa Park, each day has a different theme, sliding, pitching/catching, etc.

Fundraiser #7 – Crowd Funding (Donate directly) = $3300

Goal = $300 each

https://betterworld.org/









FREE FOREVER

Unlimited campaigns, team members, data storage, everything!

Platform fee: $0 + 0%

Credit cards: 2.9% + $0.30 (most donors cover this so you can keep 100% of what you raise)

Supported by 100% optional contributions from donors

Get full access 100% free

LOUYAA BASEBALL CLUB
2026 SPONSOR FORM

PLEASE RESPOND BY FEBRUARY 28, 2026

AGE/TEAM

BASEBALL PLAYER

COACH'S NAME

SPONSOR CONTACT PHONE

SPONSOR EMAIL

SPONSOR INFORMATION *(as it should appear on the recognition items)*

SPONSOR CATEGORIES

BRONZE SPONSOR $100
- Recognition on the LBC Website and Facebook page

SILVER SPONSOR $250
- LBC Sponsorship Plaque for display at your business
- Recognition on the LBC Website and Facebook page

GOLD SPONSOR $500
- Logo included on shared banner displayed at LOUYAA Park
- LBC Sponsorship Plaque for display at your business
- Recognition on the LBC Website and Facebook page

PLATINUM SPONSOR $1000
- 4' x 8' banner hung at Jeffy's or Lane Field, which are used daily
- LBC Sponsorship Plaque for display at your business
- Recognition on the LBC Website and Facebook page with link to business website or Facebook page

PLATINUM PLUS SPONSOR $2000
- 4' x 8' banners hung at all 3 LBC fields
- LBC Sponsorship Plaque for display at your business
- Recognition on the LBC Website and Facebook page with link to business website or Facebook page

MAKE CHECK PAYABLE TO:
LOUYAA Baseball

PLEASE SEND YOUR COMPLETED FORM AND CHECK TO:
Becca Hodgkins
LBC Fundraising
206 Marley St, New Market, MD 21774
240-446-2268 / LBCFundraising00@gmail.com

GOLD, PLATINUM AND PLATINUM PLUS SPONSORS:
Banner designs/Logos must be received by February 28, 2026.

SUBMIT TO:
LBCFundraising00@gmail.com

TAX ID for LOUYAA
(t/a LOUYAA #52-1126673)

Date Received _____

Check Number _____

Amount _____

DONATIONS OF ANY AMOUNT ARE WELCOMED. WE THANK YOU FOR YOUR SUPPORT!

LOUYAA Baseball Club (LBC) is the premier Recreational, Select and Travel baseball program of Frederick County, MD. We are committed to a fun, developmental, educational and competitive environment to build character in our players and community. LBC is 100% based on volunteer coordinators and coaches, and is funded by player's registration payments and fundraising, including sponsorship by individuals and businesses like you!

60/70 Field

SDC-2026-10-0187 · scan 8/14 · 21/27

SDC-2026-10-0188 · scan 8/14 · 22/27



SDC-2026-10-0189 · scan 8/14 · 23/27



SDC-2026-10-0190 · scan 8/14 · 24/27